

Share good times
not flu

IN SCHOOLS

Template form 3

Student Pre-Vaccination Fact Sheet

Flu vaccination in our school - timetable for the day:

Class(es) _____

Time _____

location _____

- You will only be given the vaccine if consent has been received.
- The vaccine is needle free and painless! It is given as nasal spray squirted up each nostril and you don't need to sniff or breathe it in.
- If you are worried about anything, speak to a nurse or a teacher. If you are very nervous, ask to be vaccinated first.
- It's important to tell the nurse if you:
 - have an egg allergy, severe asthma or weakened immune system
 - live with someone with a very weakened immune system
 - are feeling unwell – but a cough, cold or minor illness is no reason to not turn up for your vaccination
 - have other issues
- After the vaccination you can get on with the rest of your school day as usual. Don't worry if you sneeze! Or have a bit of a runny nose afterwards, this is normal.
- Side effects to the vaccine are very rare, but if you do begin to feel unwell you need to tell the immunisation nurse, teacher or parent/guardian.